Essentials of College Counseling

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Wearing Hats:

It's what we do





But which ones:

Are the important ones?

Should we choose?

Do we stuff back in the box and save for another time?

How do we begin?

James 3:17

But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

What is our role?

- Anxiety Managers
- **O**Guides
- Cheerleaders
- Information Pushers



Anxiety Managers

- My child won't be able to get in.
- My child won't be able to go to his/her top choice school.
- My child wants to be a petroleum engineer and won't be successful in that field unless they go to ______ school.
- My child doesn't know what he/she wants to major in.



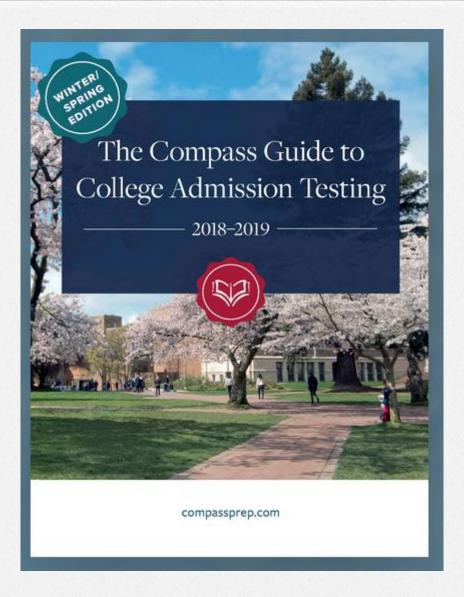
- Test Preparation
 - PreACT
 - **OPSAT**
 - On-campus prep
 - Off-campus resources



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- Test Preparation
 - Khan Academy
 - ACT Academy
 - Compass Guide





- Expectations
 - "You don't have to have it figured out"
 - "Your process will look different than..."

Juniors



- Junior Night
 - ApplicationProcess
 - Timeline
 - Takeaway
- Parent Meetings
- Naviance

Freshman & Sophomores



- Scheduling meetings
- Class meetings
- Individual and group meetings as time permits
- Naviance!



Application Guides





Application Help

- Common Application Counselor Guide
- Resume
 - What is the purpose?
 - Format
- Camp College

| ACTIVITIES/INTERESTS | | |
|----------------------|---|--|
| 10,11,12 | Sewing-Proficient on (insert brand of sewing machines here) | |
| | | Pillows |
| | | Scrunchies |
| | • | Dolls |
| | • | Patchwork Quilts |
| | | |
| 9,10,11,12 | Macramé | |
| | • | Coordinating colors, reading patterns for a variety of bracelets |
| | | |
| 10,11,12 | Woodworking | |
| 10,11,11 | • | Variety of crosses, designed and build from salvaged lumber |
| | | Birdhouse making |
| | | Toys(miniature horse barn) |
| | | wowas: |
| 10,11,12 | Film-making Documentary featuring former middle school teachers | |
| | Met with school officials | on a bi-weekly basis |
| | • | Scriptwriting and script revisions |
| | • | Casting |
| | • | Filming |
| | • | Editing |
| 10,11,12 | Clay Art | |
| | • | Designed and baked a variety of pendants and figures |
| 10,11,12 | Knitting | |
| | • | Scarves |
| | • | Fabric swatches |
| 10,11,12 | Spindle Loom | |
| | • | Purchased and assembled spindle loom for at-home weaving |
| | • | Designed fabric patterns and wove fabric swatches |
| 10,11,12 | Acrylic Glass Fusing | |
| | • | Purchased kiln and supplies |
| | • | Designed and made pendants and jewelry pieces |
| | | |



Cheerleaders

- Academy Award winning performance, even when you are tired!
- Helping without doing
- o "Tell me about....."



Cheerleaders

- Reassuring
- Undoing the perceptions of others
 - College choice
 - Major Choice
 - Life Choice



Information Pushers

- College Visits
- 2700 Colleges in the US
- Lifelong learners
- "Let me get back to you on that"



Information Pushers

- Colleges on campus
 - Campus ambassadors

Counseling game



Colleges That Change Lives

Pope, Loren. Colleges That Change Lives: 40 Schools That Will Change the Way You Think about Colleges. New York, N. Y.: Penguin, 2006. Print.

Fiske Guide to Colleges

Fiske, Edward B., Amy Stuart Wells, Bruce Hammond, and Edward B. Fiske. *The Fiske Guide to Colleges*. New York: Times, 2013. Print.



- College Counseling Sourcebook College Counseling Sourcebook: Advice and Strategies from Experienced School Counselors. New York, [N.Y.: College Board, 2012. Print.
- ø www.collegevale.org
- https://www.compassprep.com/compass-guide/
- Admission Matters Springer, Sally P. Admission Matters: What Students and Parents Need to Know about Getting into College. San Francisco: Josey-Bass, 2013. Print.

How do you do it?

